Week 1 - Starting Week beginning Monday $4^{\text {th }}$ September


Assorted wraps and jacket potatoes served with vegetables or salad. Yoghurt (7), jelly and fruit are available daily as a choice of dessert. Fresh water \& Milk (7)

| 1 Celery | 2 Cereals Containing Gluten | 3 Crustaceans (such as prawns, crabs \& lobsters) | 4 Eggs |
| :---: | :---: | :---: | :---: |
| 5 Fish | 6 Lupin | 7 Milk | 8 Molluscs |
| Mustard | 10 Nuts | 11 Peanuts | 12 Sesame Seeds |
| 13 Soya |  | 14 Sulphur Dioxide and Sulphites |  |

